

## 2013 LIBERTY DISTRICT SWIM/DIVE MEET

DIRECTORS:	Rusty Hodges, Shawn DeRose- Thomas Jefferson
ASSISTANT DIRECTOR:	Nancy Melnick- Fairfax
LOCATION:	Audrey Moore Recreation Center, Wakefield Park
DATES:	<b>Friday, January 25, 2013 Swim Preliminaries – (Boys' and Girls' Dive) — Saturday, January 26, 2013 – Swim Finals</b>
TIMES:	Swim: Warmups: 1/25-26, 2012 4:15pm - 5:15pm Meet: 5:30pm Dive: Warmups: 1/25 9:30am – Boys, 12:45pm - Girls Meet: 10:15am – Boys, 1:30 - Girls
ADMISSION:	Admission will be \$6 (consistent with all Liberty District tournaments) All standard passes will be honored; this does not include individual school booster passes
PRE-SEASON COACHES MEETING:	Tuesday, Oct 9, 2012 <u>Dive Officials @ Oakton HS , Auditorium 7:00PM</u> OR Tuesday, Nov 14, 2012 <u>Swim/Dive Officials @ Oakton HS Lecture Hall 7:00pm</u>
VOLUNTEER COORDINATION MEETING:	<b>Tuesday, January 15, 2013 @ 6:30pm, Jefferson High School, PCR</b> Nominations for the Referee, Starter, Admin Referee, and Head Timer, etc due. From TJ liaison... All other volunteers will be coordinated at this meeting. Either a coach or a lead parent volunteer shall attend – <b><u>MANDATORY</u></b> meeting.
ENTRIES:	All entries must be submitted electronically, <b>January 21, 2013</b> by 8:00 am. <u>No</u> time cards needed. S/D entries are sent to Janet Day, <a href="mailto:bigjday@comcast.net">bigjday@comcast.net</a> .  Since it is not practical to have a DSA/Principal Signature on electronic entries of this type, the DSA or Principal of each school shall send written or email verification that they are satisfied that the entries accurately reflect the MEL and the Northern Region standards for competition.  <b><u>Dive Sheets:</u></b> E-mail completed dive sheets to Nancy Melnick (Nancy.Melnick@fcps.edu) and the dive referee, Jim Sweeder ( <a href="mailto:jsweeder@verizon.net">jsweeder@verizon.net</a> ) no later than <b>Sunday, January 21, 2013</b> . Use the <u>Dive Verifier Program</u> available for download at <a href="http://diverline.com/DiveVerifierProgram.htm">http://diverline.com/DiveVerifierProgram.htm</a> . Make sure you download the "High School Dive Sheet Verifier, Excel 5.0." Divers and coaches are responsible for the accuracy and completeness of the submitted dive sheet. Dive sheets must meet all requirements specified in Rule 9.4. Dive changes will be permitted until 30 minutes prior to the start of the dive event. Divers and coaches must ensure that any dive change keeps the dive sheet in compliance with all requirements specified in Rule 9.4.
COACHES SEEDING MEETING:	<b>Tuesday, January, 22 2013 @ 6:00 pm, Jefferson High School, PCR.</b> Review meets sheets, confirm officials, etc. <u>No changes, only scratches!</u> <b><u>MANDATORY</u></b> meeting
EVENT LIMITATIONS:	A competitor shall be permitted to enter a maximum of four events, no more than two of which may be individual events. In championship meets, each school shall be permitted a maximum of four entries in an individual event and one team in a relay event.